

Breakfast Menu

Served from 9h - 11h30, breakfast ends

Italian style open-faced omelets:

Please choose one from the following four options, topped with rocket and a balsamic reduction drizzle

Chorizo, roasted peppers, oven roast tomato & feta

Smoked Trout, oven roast tomato, spinach & feta

Bacon, oven roast tomato, mushrooms & cheddar

Spinach, oven roast tomato, mushrooms & feta (*vegetarian*)

Choose from white/seed loaf/rye /sourdough/ciabatta toast

110

Eggs Benedict, poached eggs and Gypsy Ham on toasted Sourdough, coated in a homemade hollandaise sauce topped with rocket and a balsamic reduction drizzle

99

Bacon Benedict @ 105

Smoked Trout Benedict @ 140

Smoked Trout and Scrambled Eggs on a toasted Sourdough stack with a roasted red pepper cream cheese spread, topped with oven roast tomatoes, rocket and a balsamic reduction

145

Toasted ciabatta breakfast bruschetta stack with eggs of choice, mushroom & onion mix, bacon, rocket, and pecorino shavings

110

Brioche French toast served with caramelized banana, bacon and sweet dukkha (*contains nuts & seeds*)

110

Vegan Chocolate peanut butter and banana flapjacks with maple syrup, fresh banana with sweet dukkha and a light icing sugar dusting (*vegan / contains nuts & seeds*)

90

Freshly baked scone with preserves, cheddar cheese & whipped cream

89

Tables country breakfast, eggs of choice between two fried eggs / scrambled / poached, bacon, boerewors, pan fried onion & mushroom mix, fried tomato with a choice of seed loaf /white /rye/sourdough/ciabatta

toast

140

Tables Chargrilled Veggie Stack - on toasted Ciabatta, oven roast tomatoes, sautéed spinach, onion & mushroom mix, pecorino shavings and rocket (*vegetarian*)

99

Breakfast bagel with bacon, scrambled eggs, pecorino shavings, caramelized onion jam, and chipotle mayo

115

Turkish Poached Egg Bowl on a bed of roasted garlic and herb infused yoghurt, fresh rocket, bacon, drizzled with a chili butter, served with a side of sourdough toast

110

Breakfast parfait, layers of homemade granola, yoghurt, seasonal stewed fruit, drizzled with honey and dusted with sweet dukkha (*vegetarian / contains nuts & seeds*)

99

Homemade banana bread toast with a brown sugar butter, fresh banana & sweet dukkha (*contains nuts & seeds*)

85

Gluten Free bread available @ R15 bread surcharge per breakfast

Add to your breakfast: Bacon @ 40 / Boerewors @ 35 / Smoked Trout 80g @ 165 / Eggs each @ 9

Sweet Treat

Chef's Cake Selection

Please ask your server for today's slice.

85

TABLES at NITIDA

For the Love of Food

RESTAURANT | VENUE