



# TABLES at NITIDA

*For the Love of Food*

## BREAKFAST

Eggs Benedict, poached eggs and gypsy ham on toasted Sourdough, coated in a homemade hollandaise sauce

**98**

Brioche French toast served with caramelized banana, bacon, nuts & a cinnamon sugar dusting

**90**

### **Italian style open-faced omelets:**

Please choose one from the following five options, served with wild rocket and a balsamic reduction;

Chorizo, mushrooms, caramelized sweet onion & cheddar

Smoked Trout, cherry tomatoes, spinach & feta

Bacon, cherry tomatoes, caramelized sweet onion & pecorino

Ham, mushrooms, caramelized sweet onion & pecorino

Spinach, cherry tomatoes, caramelized sweet onion, mushrooms & feta

Choose from white/seed loaf/rye toast

**98**

Tables country breakfast, eggs of choice between two fried eggs / scrambled / poached, bacon, boerewors,

Pan fried onion & mushroom mix, fried tomato with a choice of seed loaf / white / rye toast

**105**

Smoked Trout scramble on a freshly baked croissant, avocado mousse & a spiced tomato chutney, topped with wild rocket and balsamic reduction

**110**

Toasted ciabatta breakfast bruschetta

Eggs of choice, sautéed mushrooms & onion mix, bacon, rocket and pecorino shavings

**95**

Table Breakfast Bun a soft toasted Brioche Roll with rocket and pecorino shavings, topped with bacon, scrambled eggs and a spicy tomato chutney

**90**

Tables Chargrilled Breakfast Veggie Stack – on toasted Sourdough, with a spicy white bean dip, sautéed spinach, roasted red peppers, mushrooms, toasted walnuts, pecorino shavings, balsamic reduction and wild rocket (v)

**90**

add eggs of choice @ R6 each

### **Tables Ploughman's breakfast platter**

Gypsy ham, mature boerenkaas, fresh seasonal fruit, pickled red onion, homemade chutney, yoghurt, muesli, rooibos & vanilla infused dried fruit compote and a freshly baked ciabatta

**110**

Freshly baked scone with preserves, cheddar cheese & whipped cream

**65**

Homemade banana bread toast with a brown sugar butter, fresh banana & sweet dukkha (v)

**65**

Breakfast parfait, layers of homemade granola, yoghurt, rooibos & vanilla infused dried fruit compote, drizzled with honey and dusted with sweet dukkha (v)

**65**

Choice of Sourdough / Gluten Free or Ciabatta in replacement available at an R10 bread surcharge per breakfast

### **Sweet Treat**

A slice of cake from our Chef's selection (Please ask your waitron)

**60**